

TEEA

Texas Extension Education Association Clubs participate in community services that improve family and community as well as personal leadership development of club members. TEEA Clubs provide a means for members to acquire information and develop skills for making their homes, community, and county better places to live. Yearly events include: Cultural Arts, County Banquet, District & State Conferences.

- Snook EEA Club
 - Contact: Lydia Faust (979)272-8317
- Lyons EEA Club
 - Contact: Peggy Robinson (979)200-9227
- Snook Travel Club
 - Contact: Karen Gaas (979)406-2569

Kolache Festival

A celebration of Czech heritage! Held annually the second Saturday of September in Downtown Caldwell. Czech it out!

- State of Texas Bake Show
 - Kolache, the original Czech wedding pastry, is a favorite dessert throughout the Czech Republic. Over the years, the bake show has grown to 6 divisions and 12 classes as well as a kolache roll division. It is open to adult and youth nonprofessional, professional, and champion bakers.
- Kolache Making Demonstrations
 - The demonstration will include baking a batch of kolaches from start to finish. Come and learn from the best!

Contact Us



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BURLESON COUNTY FAMILY & COMMUNITY HEALTH

Holly Narro

Burleson County
County Extension Agent
Family & Community Health



Youth Health & Wellness

- Burleson County Fair Association
- Educational programs and presentations at area schools, organizations, and 4-H Clubs. (Finance, safety, drug/alcohol prevention, healthy relationships, sewing, healthy habits, cooking, physical activity, mental health)

Burleson County 4-H

- Kids in the Kitchen
- Holly's Healthy Habits
- Bicycle Rodeo
- Ag & Health Safety Day
- Pizza Ranch

Passenger Safety

- Child Passenger Safety
 - The Passenger Safety Project at Texas A&M AgriLife Extension Service works to reduce deaths and injuries from motor vehicle crashes by increasing the use of child restraints and safety belts. The project's emphasis is on increasing the correct use of child safety seats across Texas.

Back to School Events

- Back to School Blast
- Stuff the Bus
- Booster Seat Check & Installation

Adult Health & Wellness Education

- Do Well, Be Well with Diabetes
 - A five-class series that helps people with Type 2 diabetes learn how to manage their blood glucose through basic nutrition and self-care management.
- Do Well, Be Well with Hypertension
 - A four-class series covering the basics of nutrition and self-management topics to reduce hypertension. The program helps people learn skills needed to prevent or manage high blood pressure.
- Women's Forum
 - Burleson County Women's Forum is a fun-filled and educational evening just for women! Educational, yet fun and a break from everyday stress. Held annually.
- Health Talk Express
 - 30-minute health presentations that empowers the audience to take action. Topics include: Diabetes prevention, Know More About Cancer, Love Your Heart, Stress Less, Live Best, Older Adult Health, Work Life Balance.
- Community Safety
 - Early Childhood Educator Training, Child Care Training, BV Injury Prevention, Watch UR BAC, CPR/First Aid
- Active Living
 - Walk Across Texas! and educational presentations
- Senior Health
 - Master of Memory, Matter of Balance, and more.
- Mental Health & Wellness
 - Mental Health First Aid, Stress reduction, and more.
- Educational programs and presentations at area churches, clubs, organizations, businesses

Parenting Education

- Strengthening Families Parenting Classes
 - The Strengthening Families Program is a 6-class parenting and family education series designed for parents of school-aged children. This research-based educational program was developed to strengthen the relationship between parents and their children and to equip parents with the skills they need to effectively raise their children. It improves social competencies and school performance, and decreases child maltreatment as parents learn more effective parenting skills.

Food Safety

The *Food Safety Education Program* by Texas A&M AgriLife Extension provides food safety education for consumers and retail food establishments in Texas.

- Food Handlers Class
 - Food Handlers Certification-accredited by the Texas Department of State Health Services.
- Preserving the Harvest (Canning Classes)
 - A one-day class designed to teach the basics of canning and food preservation. You get to take home your product!

***Program area
volunteers are welcome!**

Contact the Extension
Office for more
information.

